

## Our Mythology, TALC Session Sept. 16<sup>th</sup>

### Session Objectives:

- i) Introduce the concept of Mythology, as described by Joseph Campbell, in Bill Moyer's interview of Dr Campbell in the 1988 PBS program, "The Power of Myth". (Program #2, the Message of Myth)
- ii) Initiate a beginning statement of our own *personal mythology* that gives us meaning, and from which we live our daily life.
- iii) Share, and consult with fellow travellers in this third age of our lives, the personal mythology we name, creating an active, and mutually stimulating learning experience.
- iv) Provide session handouts supportive to TALC participant's further exploration and/or articulation of their *personal mythology*.
- v) Evaluate this morning's session, including possible deeper focus sessions on Mythology introduced this morning, and/or suggesting further topic areas of interest for future TALC sessions.

### The Structure of this Session

- 9:15-9:30am Welcome / Name Tags / Individual Session Handout  
Coffee & Refreshments
- 9:30am Session Focus & Assign Individual Reflection
- 9:45am Sharing & Discussion  
~ Like at Gramps House,  
"What Happens Here, Stays Here"
- 10:00am Campbell/Moyer Video
- 10:30am Sharing & Discussion  
~ The Video & your own Personal Mythology
- 11:00am Reflections Shared  
~ Complete & Hand in Evaluations  
~ Pick Up take home Handouts
- 11:30pm Wrap-Up  
~ Next Session October 7th